

Your Heart beats should be a reminder of His nudges of Alertness, that you are Alive and thriving human beings! All Hearts need Clean, Fresh, nutritious Meals and Healthy Life styles!



★ ਚੇਰਾਂ ਨੂੰ ਸੱਭ ਚੇਰ ਨਜ਼ਰ ਆਵਣ

★ Academically Smart are Capable of knowing Both Academic and Street smarts activities; However, Street smarts are not academically smart!

★ ਚ ਭਾਰਦਵਾਜ

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GOOD #MORNINGNUTRITION

THE HAPPIEST PEOPLE DON'T HAVE THE BEST OF EVERYTHING, THEY MAKE THE BEST OF EVERYTHING.

